How to Reset your Password in Windows 7

Step 1:
Press CTRL + ALT + DELETE key together.

Step 2:
Click

Step 3:
Click

Step 4:
Click

Step 5:
Type your student ID number into the Username box, and click
Step 6:
Type your Student ID number (SID) into the box.
The SID starts with 840______

Then click………………

Step 7:
Type your 6 digit Birthday into the box.
Example: 
June 7, 1987 – 060787

Then click………………

Step 8:
Type your Last Name (family name) into the box.
Then click………………

Step 9:
Type your password into the New Password box, type same password into the Confirm Password box, and click

Step 10:
Congratulations! 
You reset your Password.
Click